

ALLERGY TEST INSTRUCTIONS

1. Plan on about 1 ½ hours for allergy testing. You may want to bring a book. You will be able to use your phone or ipod.
2. Let us know if you use any **inhaler for your lungs or if you are on any beta blockers including eye drop beta blockers.** (Your doctor or pharmacist can clarify your medications if you are unsure if you take a beta blocker)
3. If you have any questions, please call the office and speak to the allergy nurse.
4. Do not use any oils or lotion on your back day of testing.
5. **Some medication may not be listed due to the many different variations and generic equivalents. These are the most common. If you are in doubt call your doctor or pharmacist.**

MOST COMMON ALLERGY MEDICATION TO AVOID 72 HOURS PRIOR TO TEST

BRAND NAME	GENERIC
1. Allegra/Allegra D	fexofenadine
2. Benadryl	diphenhydramine
3. Clarinex/Clarinex D	desloratadine
4. AllerX	
5. Claritin/Claritin D	loratadine
6. Zyrtec/Zyrtec D	cetirizine
7. Xyzal	levocetirizine

(SINGULAIR and Sudafed are OK. They will not interfere with testing)

ALL NASAL STEROID SPRAYS ARE OK TO CONTINUE (i.e. Flonase, fluticasone, Nasacort)

ALL NASAL ANTIHISTAMINE SPRAYS MUST BE STOPPED (i.e., Astelin, Astepro, Patanase, Azelastine)

ANTI-HISTAMINE/DECONGESTANTS TO 72 HOURS PRIOR
(PLAIN Tylenol/Advil/Aleve FOR PAIN IS ACCEPTABLE)

NO COLD / SINUS MEDICATIONS / COUGH MEDICATION INCLUDING:

TYLENOL PM
ADVIL PM
EXCEDRINE PM
OPTIMINE EYE DROPS
OPTIVAR EYE DROPS

ANTI- NAUSEA MEDICATIONS / H2 ANTAGONISTS- (STOP 75HOURS DAYS PRIOR)

BRAND NAME	GENERIC NAME
1. TAGAMENT	CIMETIDINE
2. ZANTAC (3 days)	RANITIDINE (3 days)
3. ZANTIDEN	KETOTIFEN
4. PHENERGAN	
5. ATARAX	
6. VISTARIL	
7. MECLIZINE	
(OR ANY LIKE MEDICATION)	

NO BETA BLOCKERS including beta blocker eye drops 72 HOURS prior and permanently for immunotherapy.

Check with your doctor before stopping any beta blocker.

BRAND NAME	GENERIC NAME
1. BETAPACE	SOTALOL
2. BLOCARDEN	TIMOLOL MALEATE
3. BREVIBLOC	ESMOLOL HCL
4. CARTROL	CARTEOLOL HCL
5. CORGARD	NADOLOL
6. CORZIDE	NADOLOL & HCTZ
7. INDERAL	PROPRAOLOL
8. INDERID	PROPANOLOL & HCTZ
9. KERLONE	BETAXOLOL HCL
10. LEVATOL	PENBUTOLOL SULFATE
11. LOPRESSOR	METAPROLOL TARTRATE
12. COREG	CARVEDILOL
13. NORMODYNE	LABETOLOL HCL
14. NORMOZIDE	LABETOLOL & HCTZ
15. SECTRAL	ACEBUTOLOL HCL
16. TENORETIC	ATENOLOL&CHLORTHALIDONE
17. TENORMIN	ATENOLOL
18. TIMOLIDE	TIMOLOL & NCTZ
19. TOPROL XL	METAPROLOL SUCCINATE
20. TRANDATE	LABETOLOL HCL
21. VISKEN	PINDOLOL
22. ZEBETA	BISOPROLOL
23. ZIAC	BISOPROLOL & HCTZ
24. ANY BETA BLOCKER EYE DROPS	

MAO INHIBITORS

MUST BE OFF FOR 5 DAYS PRIOR TO TESTING, AND THEN BE OFF PERMANENTLY FOR IMMUNOTHERAPY. CANNOT BE GIVEN EPINEPHRINE IN AN ANAPHYLACTIC REACTION

BRAND NAME

EUTRONYL
EUTRON
FLROXONE
MATULANE
NARDIL
PARNATE

GENERIC NAME

PARGYLINE
PARGYLINE & METHYLCLOTHIAZINE
FURZAOLIDONE
PROCARBAZINE
PHENELZINE
TRANYLEYPROMINE

TRICYCLIC ANTIDEPRESSANTS

MUST BE OFF 3-6 WEEKS PRIOR TO SKIN TESTING AND THEN MAY CONTINUE FOR IMMUNOTHERAPY

Patient must be weaned by the prescribing doctor and substituted with another drug if desired. Patient must do this under doctor's supervision or severe depression could result.

BRAND NAME

1. ADAPIN
2. APO-TRIMIP
3. ASENDIN
4. ELAVIL
5. ENDEP
CONTINUED
6. EMITRIP
7. ENDLIL
8. ETRAFON
9. IMPRIL
10. LEVATE
11. LIMBITROL
12. MERAVIL
13. PAMELOR
14. ROLAVIL
15. SINEQUAN
16. SURMONTIL
17. TROFANIL PM
18. TRAZODONE
19. TRIADAPIN
20. TRIALIC
21. TRIPRAMINE
22. TRIPTIL
23. VIVACTIL

GENERIC NAME

DOXEPIN HCL
TRIMIPRAMINE MALEATE
AMOXAPINE
AMITRIPYLINE
AMITRIPTYLINE
AMITRIPTYLINE
AMITRIPTYLINE
COMBINATION DRUG
IMIPRAMINE HCL
AMITRIPTYLINE
COMBINATION DRUG
AMITRIPTYLINE
NORTRIPTYLINE HCL
AMITRIPTYLINE
DOXEPIN HCL
TRIMIPRAMINE MALEATE
IMPRAMINE HCL & PAMOATE
DESYREL
DOXEPIN HCL
COMBINATION DRUG
IMIPRAMINE HCL
PROTRIPTYLINE HCL
PRITROPTYLINE HCL