

# You Have Been Prescribed A

## WatchPAT® ONE Home Sleep Apnea Test



### Why Did My Provider Order A Home Sleep Apnea Test?

A home sleep apnea test is designed to evaluate you for sleep apnea. Sleep apnea occurs when your normal breathing is compromised due to an airway obstruction or a central nervous system disturbance. These “breathing” events put stress on your heart and vascular system and may have a negative impact on your health over time.

While many patients with sleep apnea experience daytime sleepiness, snoring, and nighttime wakefulness, symptoms in patients may differ. That is why a home sleep apnea test is useful to either diagnose or rule-out sleep apnea for you.



Hover over the QR code with your phone camera on to launch the video.

24/7 Customer Service:  
833-597-2066

### What Happens Now?

#### Step 1

Your physician prescribed a WatchPAT® ONE home sleep apnea test. The device will be shipped after ZOLL® confirms the test is covered by your insurance. Depending on your individual plan, you may be responsible for an out-of-pocket co-pay or deductible.

#### Step 2

The WatchPAT ONE home sleep apnea test will be scheduled for delivery to your home or place of residence. The test will arrive via UPS.

#### Step 3

A ZOLL patient representative will contact you via text message or phone call to review the WatchPAT ONE set up, and answer any questions you may have. **All phone calls from the ZOLL Monitoring Center have a 412 area code.**

#### Step 4

Once the device is delivered, **please complete the test within five days.** For any questions on how to use the device please follow the included instructions in the box, use the video link or call the patient help desk available 24/7 at **833-597-2066.**

#### Step 5

Once completed, the results of your home sleep apnea test will be sent to your physician for review.



**Jason Boole, M.D. · Gale Tuper, M.D. · George Conley, M.D.**

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